

# Hannah's Pillowcase Bubble Romper

By: Create Kids Couture



**Difficulty Level: Beginner**

**Materials Needed:**

- Fabric (see chart below for quantities needed)
- Scissors or Rotary Cutter
- Cutting Mat if using Rotary Cutter
- Ruler
- Pins
- Sewing Machine and/or Serger
- Elastic Thread (we recommend Stretch-Rite)
- 1/4" Elastic
- Iron

**Fabric Requirements:**

Size	Body	Bias Tape	Thick Shoulder Tie	Skinny Shoulder Tie	Shirred Sash	Tie Sash
12-18 mos.	1 1/4 yards	1/8 yard	3/8 yard	1/8 yard	1/4 yard	1/3 yard
24 mos./2T	1 1/4 yards	1/8 yard	3/8 yard	1/8 yard	1/4 yard	1/3 yard
3T	1 3/8 yard	1/8 yard	3/8 yard	1/8 yard	1/4 yard	1/3 yard
4T	1 1/2 yards	1/8 yard	3/8 yard	1/8 yard	1/4 yard	3/8 yard
5T	1 1/2 yards	1/8 yard	3/8 yard	1/8 yard	1/4 yard	3/8 yard
6	1 1/2 yards	1/8 yard	3/8 yard	1/8 yard	1/4 yard	3/8 yard

The fabric requirements are based on the use of 4 different fabrics. If you decide to make the body and the bias tape out of the same fabrics (as shown in the main picture) you will add those measurements together. The same is true if you decide to make it all out of one fabric.

Size	Approx. Finished Length of Romper	Approx. Length of Finished Shirred Inseam	Approx. Length of Finished Elastic Inseam
12-18 months	14"	2.25"	1.75"
24 mos./2T	16"	2.5"	2"
3T	17.5"	2.75"	2.25"
4T	19.5"	2.75"	2.25"
5T	21"	3"	2.5"
6	23"	3.5"	3"

**Cutting the Fabric:**

Size	Skinny Shoulder Tie cut 2 Length x Width	Thick Shoulder Tie Cut 2 Length x Width	Shirred Sash* cut 2 Length x Width	Tie Sash cut 2 Length x Width	Bias Tape cut 2 Length x Width	Elastic* cut 2 1/4" wide
12-18 mos.	2" x 28"	6" x 28"	5" x 34"	5.5" x 35"	2" x 16"	11.5"
24 mos./2T	2" x 29"	6" x 29"	5" x 34"	5.5" x 35"	2" x 16"	12"
3T	2" x 30"	6" x 30"	5.5" x 36"	5.5" x 35"	2" x 16"	12.5"
4T	2" x 31"	6" x 31"	5.5" x 36"	6" x 35"	2" x 16"	13"
5T	2" x 32"	6" x 32"	6" x 38"	6" x 35"	2" x 16"	13.5"
6	2" x 33"	6" x 33"	6" x 38"	6" x 35"	2" x 16"	14"

\*\*Note that the seam allowance when sewing will be 3/8" and it is included in the measurements above.

\*If you are using a serger, subtract 1" from the length only.

\*We recommend measuring your child's leg for accuracy. This is an average measurement.

After cutting out all of the pieces you should have a pile similar to this.



## Cutting Out Romper and Arms:

When printing out the pants pattern piece make sure the "Auto Rotate and Center" Box is not ticked and page-scaling is set to "None". This is VERY important. After cutting out the pattern pieces in the size we are making, tape the black lines together so they are one on top of another matching up the letters.

**Step 1 (optional):** After cutting out the pattern piece in the size we are making, open up the fabric to its complete width and fold both ends in half width wise towards the center. Now fold that in half so both of the end folds are on top of one another.

**Step 2:** Put the pattern on top of the fabric on the side where both folds are and pin in place. Cut out. We should now have two legs cut out.



**Step 3:** Staying with the body, we will place our sleeve pattern piece in the corner and pin in place, as shown to the left. Make sure that it is on the fold. Cut out the fabric, following the pattern piece's curve. We now have armhole curves on the body.

Our main body pieces should now look like the picture to the right. It may look funny, but it will all come together!



**Construction:**

**Step 1:** Take both of the body pieces, put them right sides together, and sew around the two curves shown in red to the left. This will become the front middle and back middle of our romper.

**Step 2:** Line up the two crotch pieces, as shown to the right, with the right sides together and pin. The two seams we have just sewn in Step 1, will now be going down the middle of the front and back. Sew along the red line as indicated. It should now begin looking like a romper!



**Step 3:** In this step we are going to be ironing our bias tape for the arm curves. To do this we will take our strip, fold it in half length wise, and iron so we have a nice crease. Open the strip back up so the crease is going down the center. Now we will fold both of the long sides in so that they meet at the crease in the center and iron. Once ironed fold it in half again lengthwise like we did in the beginning; the original center crease we made will be along the bottom and the two folds will be lined up at the top. Do this step for both of the bias tape strips.





**Step 4:** Take one of the bias tape pieces and pin the bias tape along the entire length of the arm curve making sure that the arm curve of the bodice is placed in between the fold of the bias tape. Repeat this step for the other arm curve.

**Step 5:** Now we will sew the bias making sure to sew right below the top of the bias strip. While sewing make sure the needle is catching both the front and the back of the bias so that there is no missed seams or holes! Do this for both arm curves.



**Step 6:** We are now going to be creating the casing for the tie. Fold back the top of the front bodice 1/4" and iron to set. Fold down the back bodice 1/4" as well, ironing to set. Now we can fold the front and back bodice down an additional 1" and iron, pinning as we go.



**Step 7:** Now we can sew an 1/8" from the bottom of our fold on both the front and back bodices. If you have a tag, don't forget to sew it in now! The bodice is now complete!

*If you are adding elastic to the bottom of the legs continue below. If you are shirring the bottom of the legs, begin at Step 11.*



**Step 8:** Now we will be making the casing for the elastic on the legs. Starting at the inside seam of one of our bloomer legs, fold and press 1/4" back all the way around the leg. Now we fold over an additional 1/2" down and iron, pinning as we go making sure to match up the seams.



**Step 9:** Now we can sew an 1/8" from the bottom of our fold all the way around the entire leg being sure to leave a 1" opening as shown to the left.

**Step 10:** Using a safety pin, thread the 1/4" elastic through the leg casing making sure that it doesn't twist while doing so. When we reach the end, sew the two elastic ends together, again making sure that it is not twisted. Once sewn together, pull the leg and spread the fabric around so it is evenly distributed. We can now sew the one inch opening close. Repeat Steps 8-10 with the other leg. **Skip to step 13.**



**Step 11:** We are now going to be doing rolled hems on the bottom of the legs. This is easiest if you have a serger, if you do not have a serger, you are still able to do it, it will just take a little longer. To do a rolled hem on a sewing machine you will fold the fabric back a 1/4", sew, then turn it back another 1/4", and sew. It's very simple.

We are now going to begin shirring.

We will keep our upper thread the same as what we have been using. We will then hand wind elastic onto an empty bobbin creating a little tension as we go. Don't make it too tight or it will not work properly. Put the bobbin in the machine. Put the stitch length at 3.5-5 and adjust the tension to 7. If this is your first time we suggest practicing on some scrap pieces. When we start sewing go slowly because sometimes elastic thread likes to flip causing it to go in the wrong direction. We also suggest using Stretch-Rite elastic thread. If you require additional help understanding how to shirr there are plenty of YouTube video tutorials available online.



**Step 12:** Begin shirring on the romper legs. We want the elastic to be on the inside so when we sew the fabric needs to be right side out. Also, be sure to backstitch at the beginning and end of every row. We will be using the sewing machine presser foot as the guide, so with the presser foot butted up next to the edge of our rolled hem (as pictured to the left) we will begin our shirring. We will shirr only 2 rows.

Here is a photo of the finished leg shirring. When we are done shirring, hit it with steam to make it shrink further. It's very important in making this outfit fit correctly! The leg on the left has been steamed and the one on the right has not. As you can see, the one on the right is much bigger.





*If you are making the skinny tie begin below. If you are making the thick tie OR the regular tie sash skip to Step 16.*



**Step 13:** Take the two strips we've cut for our tie and sew just one short end of them together so that we end up with one long strip.

**Step 14:** In this step we are going to be ironing it just as we did in Step 3 with the bias tape for our arm holes. This time we will start by folding in each short end 1". We will then fold it in half length wise and iron so we have a nice crease. Open the strip back up so the crease is going down the center. Now we will fold both of the long sides in so that they meet at the crease in the center and iron. Once ironed fold it in half again lengthwise like we did in the beginning; the original center crease we made will be along the bottom and the two folds will be lined up at the top..





**Step 15:** We can now sew 1/8" in from the long open side.

**Step 16:** We are going to make the thick tie and or sash now. Take the two strips we've cut for our tie and with the right sides together sew one short end of them together so that you end up with one long strip.



Fold in half lengthwise. Sew along one short end and the entire length leaving the other short end open.



When done, using a dowel or chopstick turn the tie right side out. Iron the tie so it is nice and crisp folding in the end that has raw edges.

**Step 17:** We may now topstitch our tie. Sew 1/8" from the ends around all four edges of the straps. Although, we said it's not necessary to topstitch the garment it is necessary to topstitch the straps because if we do not every time the garment is washed the tie will need to be ironed.



**You can now thread your tie through the neck casing.**

***If you are making the Shirred sash continue below. If not, you are done!!!***



**Step 18:** Take the sash and fold it right sides together, sew up the short side so that we have a continuous loop.

**Step 19:** We are now going to be doing rolled hems on the top and bottom of the sash. This is easiest if you have a serger, if you do not have a serger, you are still able to do it, it will just take a little longer. To do a rolled hem on a sewing machine you will fold the fabric back a 1/4", sew, then turn it back another 1/4", and sew. It's very simple.



We are now going to begin shirring.

We will keep our upper thread the same as what we have been using. We will then hand wind elastic onto an empty bobbin creating a little tension as we go. Don't make it too tight or it will not work properly. Put the bobbin in the machine. Put the stitch length at 3.5-5 and adjust the tension to 7. If this is your first time we suggest practicing on some scrap pieces. When we start sewing go slowly because sometimes elastic thread likes to flip causing it to go in the wrong direction. We also suggest using Stretch-Rite elastic thread. If you require additional help understanding how to shirr there are plenty of YouTube video tutorials available online.



**Step 20:** Begin shirring on the sash. We want the elastic to be on the inside so when we sew the fabric needs to be right side out. Also, be sure to backstitch at the beginning and end of every row. We will be using the sewing machine presser foot as the guide, so with the presser foot butted up next to the edge of our rolled hem (as pictured to the left) we will begin our shirring 1/2" down from the top. After we are done with the first row, we will shirr a second row 1/2" down from the first. Use the presser foot as a guide to stay straight. Continue shirring additional rows until we are 1/2" from the

bottom shirred end. There should be about 8 rows.

When we have completed shirring the sash, hit the shirring with some steam from an iron. That will give it some extra oomph. To the right is what our shirring should look like on the outside.



You are now done and you completed it in just 20 easy steps!!! Is this cute or what!?! Here are some more pictures of this romper completed from various angles.



Thank you for purchasing a Create Kids Couture original pattern! If you have any questions or concerns, do not hesitate to e-mail us at [CreateKidsCouture@gmail.com](mailto:CreateKidsCouture@gmail.com)

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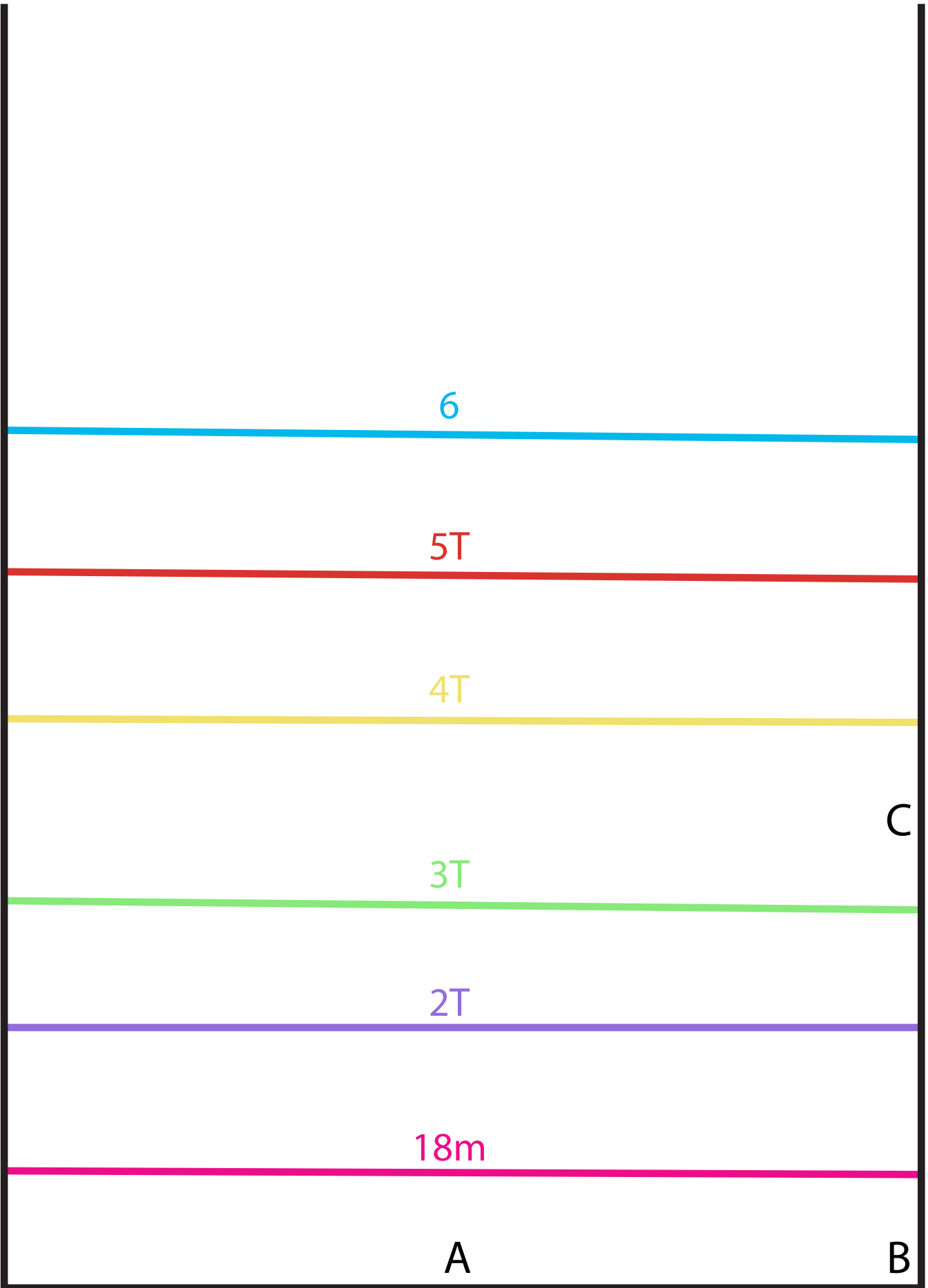
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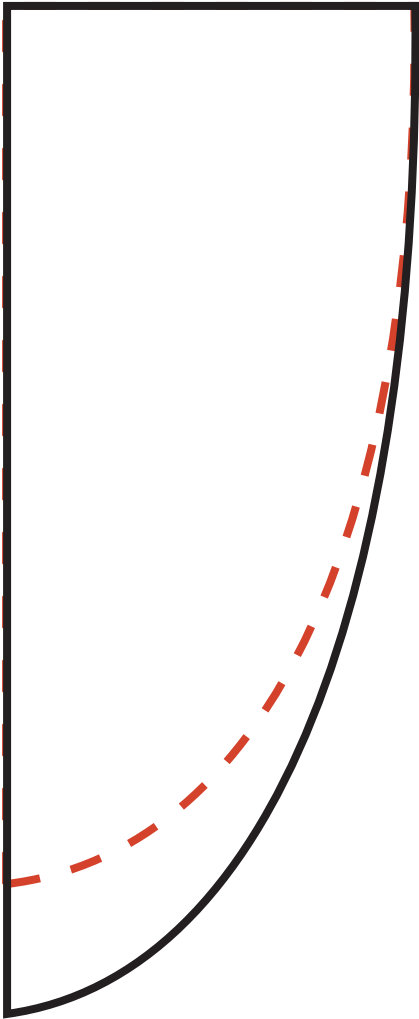
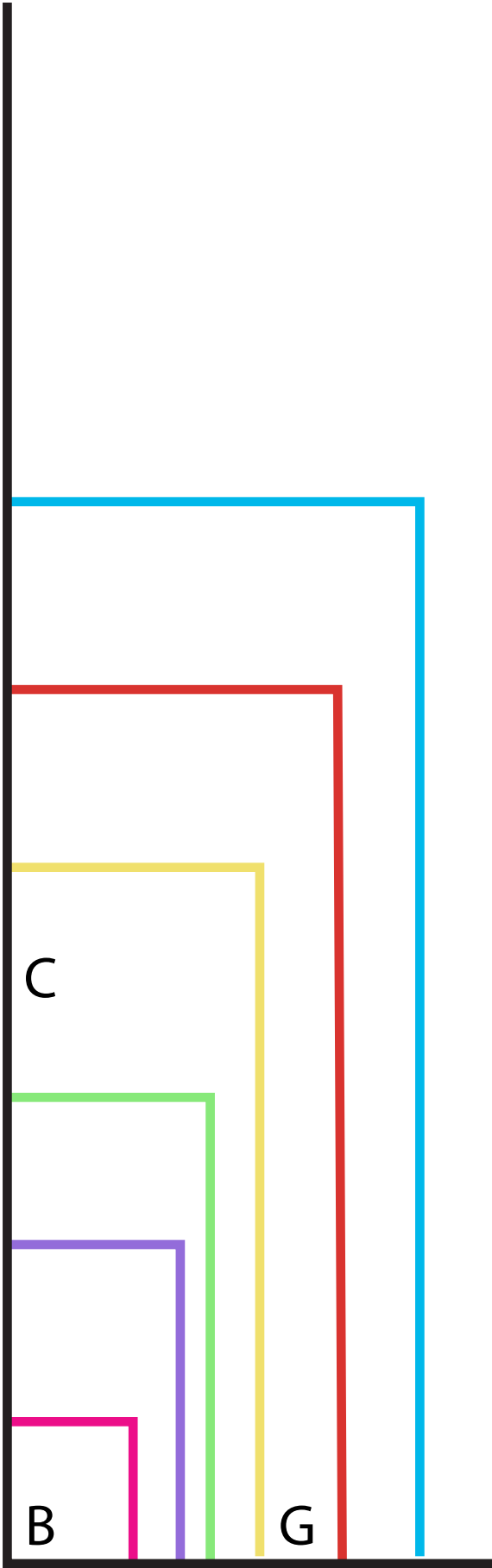
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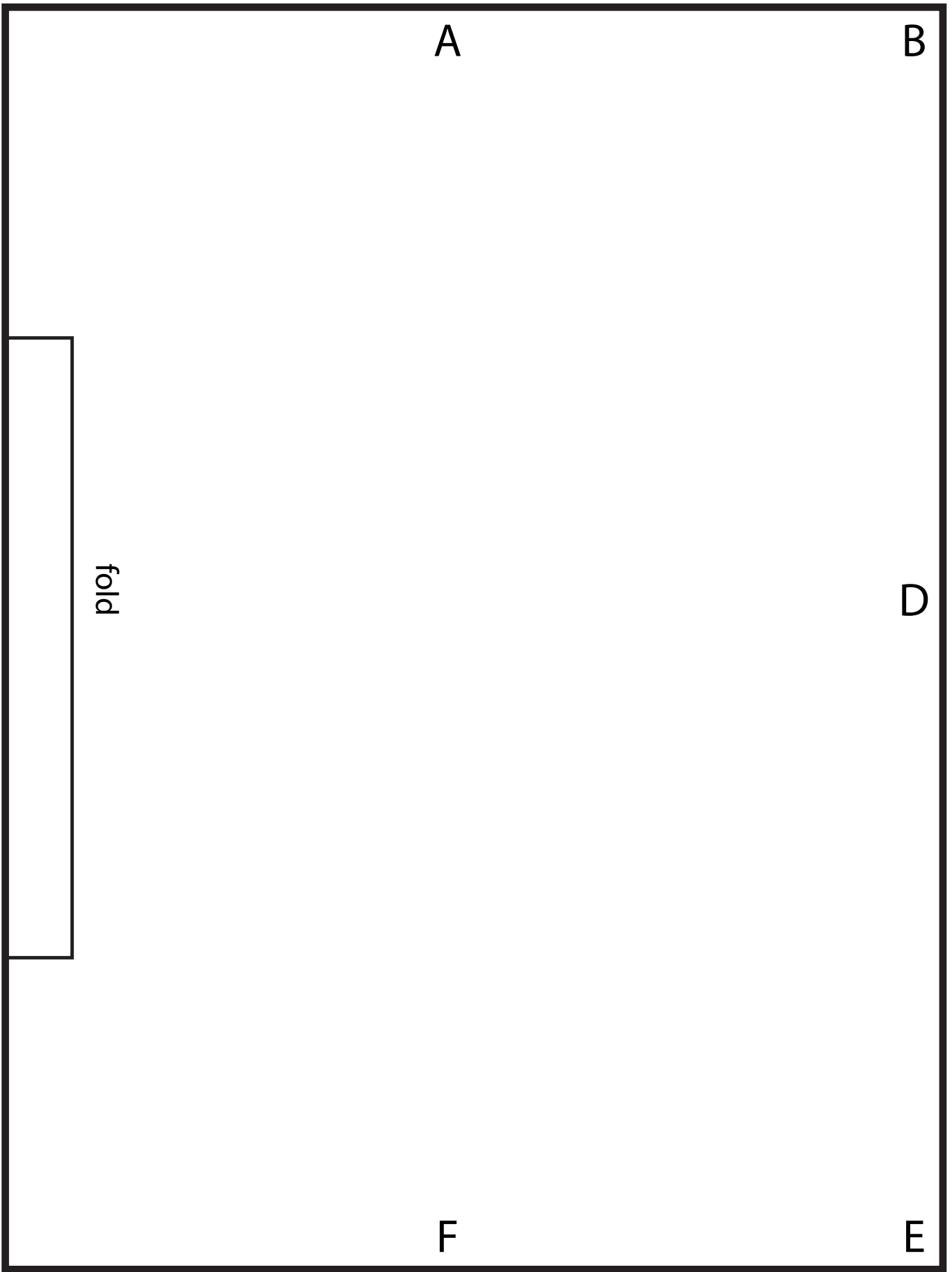


1" x 1"



----- 18mo-3T  
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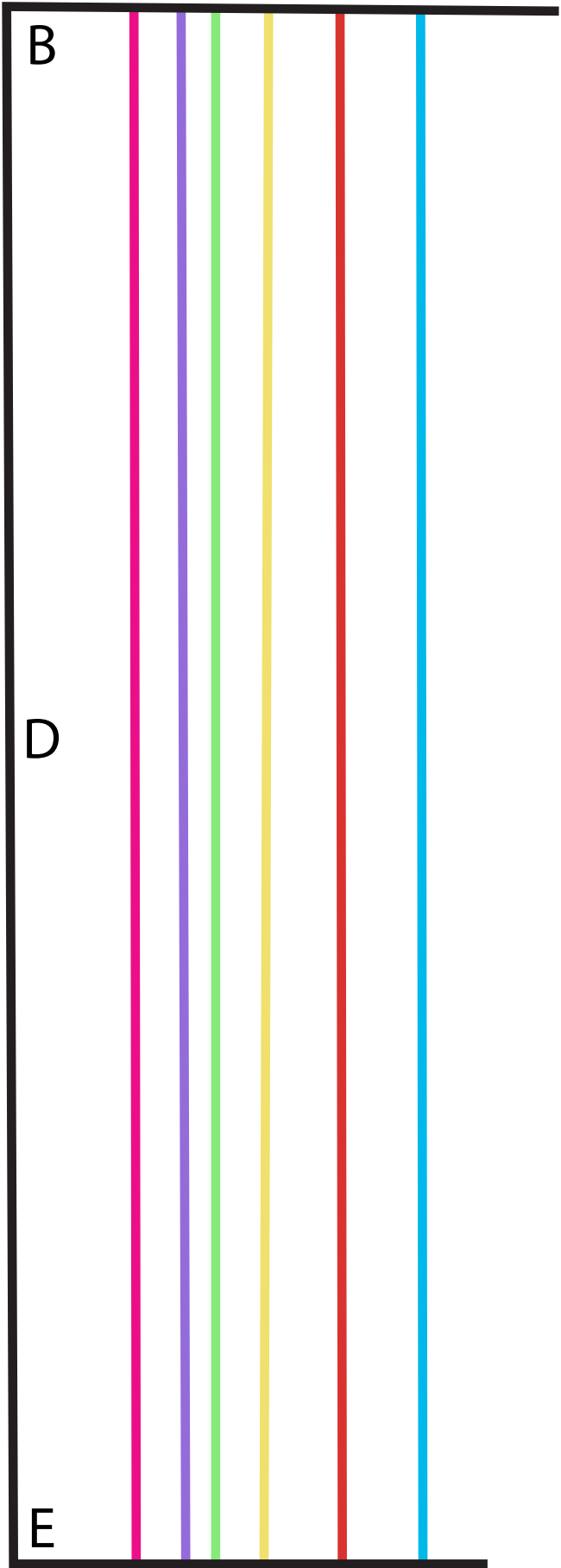
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F

E



F

E

I

18m

2T

3T

4T

5T

6

